

Health Management Books & Lifestyle Products

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www.healthmanagementbooks.ca

Specials Effective November 14, 2011 - January 14, 2012

☞ Free shipping on all orders over \$175.00 wholesale. ☛

Stocking Stuffers

Earth Solution Scent Inhalers work by combining positive affirmations with a blend of pure essential oils. Twenty Affirmation Inhaler varieties were developed for a range of health issues with consideration given to the essential oils physiological effect and how they support each included positive affirmation with improving health. This is a uniquely packaged aromatherapy product that makes a great add on sale to many in store products. J-Pegable hang tag.



Inner Peace

Find inner peace with a stress remedy of essential oils that helps bring to the mind affirmations that are uplifting and reassuring.

- Orange: Brings joy to the heart
- Clove Bud: Builds serenity
- Geranium: Reduces stress
- Lavender: Calms the nerves
- Patchouli: Peace, love and understanding

Stock #A3410
SRP \$7.95

A3023	Abundance	A3445	Manifestation
A3024	Appetite Control	A3029	Menopause
A3447	Attraction	A3036	Mood Lift
A3448	Awareness	A3030	PMS Control
A3025	Breathe Easy	A3031	Smokeless
A3411	Gratitude	A3032	Stay Alert
A3026	Hangover Helper	A3033	Stress Ease
A3410	Inner Peace	A3034	Study Buddy
A3027	Insomnia Relief	A3446	Travel Ease
A3028	Lucid Dreams	A3035	World Peace

Nature's Alchemy Aromatherapy Herbal Bath Salts

SRP \$23.88

These Mineral Bath salts combine pure essential oils, herbs and ancient sea minerals. Each package contains enough salt for one bath. Comes in a counter display box of 12 salts with fold-out header sign.



Stock #	Benefits	Stock #	Benefits
A3934	Breathe Deep	A3940	Joyful Heart
A3935	Calm Seas	A3941	Lavender
A3936	Cellu-Lite	A3942	Passionate Embrace
A3937	Energy	A3943	Restful Sleep
A3938	Feminine Comfort	A3944	Sandalwood
A3939	Flexibility	A3945	Sports Relief

Diffuser Necklaces

Enjoy the benefits of aromatherapy everywhere, by combining essential oils with these pendants.

Pewter pendants open up to insert an absorbent pad.

Each pendant comes with 6 absorbent cotton pads and a 24" rhodium plated chain.



Stock #	Description	Retail
565470	* Angel	\$23.95
565460	* Celtic Triangle	\$23.95
565450	* Heart	\$23.95
565474	Humming Bird Delight	\$23.95
565455	* Irish Cladda	\$23.95
565465	* Oriental Dome	\$23.95
565480	* Pre-Pack 15 Necklaces, 3 Refill Packs & Display with Literature	369.00
565473	Blossom Amethyst	\$27.95
565472	Celestial Amethyst	\$27.95
565468	Celtic Amethyst	\$27.95
565471	Celtic Black	\$27.95
565469	Celtic Green	\$27.95
565475	Refill Pack	\$2.50



Tibetan Singing Bowls
SRP \$24.95

This hand-crafted meditation and healing instrument comes with a baton and pillow in a hand-made, recycled gift box, available in three colours.

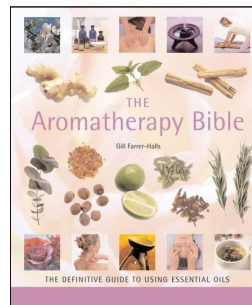
Stock #	Symbol	Colour
TSB06B	Om	Blue
TSB06G	Buddha	Green
TSB06P	Lotus	Purple

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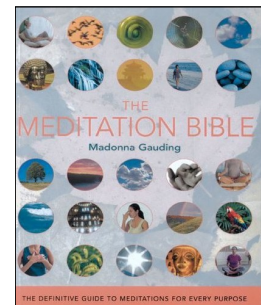


Chakra Singing Bowl
Item # TSB07
SRP \$24.95

This hand-crafted singing bowl comes engraved with the seven chakra symbols, includes a baton, pillow and recycled gift box.



Aromatherapy Bible
Stock # 344
Retail \$17.95



Meditation Bible
Stock # 4780
Retail \$17.95

Relaxation Aids for the Holiday Season

Scents Alive Tea Lights

SRP \$10.25

Veggie candles are an excellent and affordable alternative for customers that want a natural, clean burning candle. Contains no petroleum, paraffin, animal fat or lead.

Scented with 100% pure essential oils, contains pure cotton wicks and is EcoLogo approved.



Stock #	Colour/Scent	Stock #	Colour/Scent
50014	Sage Green Calming	51014	Pastel Orange Refreshing
52014	Caramel Comforting	56014	Mauve Soothing
53014	Red Energizing	58014	Yellow Stimulating
61014	White Fragrance Free	59014	Orange Tangerine Peel

Acupressure Finger Massager

Stock # FM104
SRP \$6.95

Great for sore, tired hands. A simple and safe way to relax and open the mind. Stimulate neural and cerebral activity and ease away tension and fatigue by rolling along the fingers for an effective massage.



Acupressure Head Massager

Stock # HM103
SRP \$6.95

This safe and easy-to-use massage tool is a wonderful way to relax and stimulate the mind. Each gentle motion of this soft instrument stimulates the sensory points on the scalp and creates a soothing relaxing effect.



Sadhana Mat

SRP \$45.95

A new and innovative way to meditate and relax by adopting acupressure methods in order to awaken and energize to achieve ultimate harmony in mind, body and spirit. Available in two colours. 17.5" X 28" Includes bilingual packaging and instruction manual.

- Cover 100% Cotton
- Filler 100% Coconut Fibre
- Round Spikes 100% HIPS
(High Impact Polystyrene)

Stock #	Colour
SM101	Aqua
SM100	Purple

Stress Buster Massage Ball

Using a combination of point pressure, massage and reflexology, this patented product erases muscle, tendon and joint pain. Great for the entire body from head to toe. Available in 3.5" and 8".



Stock #	Size	SRP
6243	3.5"	\$16.25
2503	8"	\$33.00

Pendulums

Pendulums are a tool used in dowsing, a process that helps look into the inner-self to find answers.

Pendulums come in a variety of minerals, colours and styles to suit each individual.



Metal Pendulum

SRP \$8.50

Metal pendulums are hand crafted in India and are perfectly weighted and ideal for dowsing.



Stock #	Style	Colour
PGC4	Carved	Gold
PSC5	Carved	Silver
PCC6	Carved	Copper
PMG1	Coil with Point	Gold
PMS2	Coil with Point	Silver
PMC3	Coil with Point	Copper
PSCD7	Tear Drop	Silver

Tear Drop Pendulum Bracelet

SRP \$13.50

A unique concept of pendulum with a detachable chain allowing it to be used as a bracelet.



CP101

Stock #	Style	Colour
CP101	Chakra Tear Drop	Amethyst
CP100	Chakra Tear Drop	Clear Quartz
PTD1	Tear Drop	Amethyst
PTD3	Tear Drop	Clear Quartz
PTD2	Tear Drop	Rose Quartz



PTD2

Shiva Lingam Pendulum

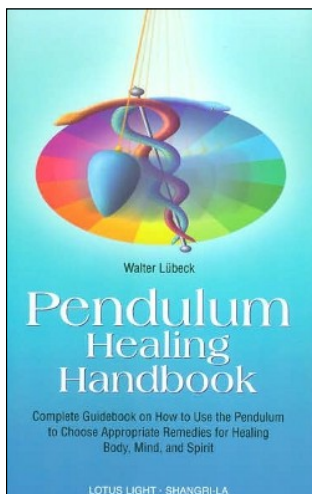
Stock # PSL

SRP \$13.50

The stone on this pendulum is a blend of two colours sand and brown, carved into an arrow shape ideal for dowsing.



Wooden display available, please ask how you can receive one FREE when you place an order.



Pendulum Healing Handbook
Stock # 5424
Retail \$18.95



Chakra Balancing Chip Stone Jewelry

Made with gem stone chips representing each of the seven chakras, gems are selected for their healing capabilities.

Stock #	Type	SRP
CK100	Bracelet	\$3.95
CK101	Necklace	\$10.95



Chakra Balancing Beaded Jewelry

Made up of carefully hand-selected coloured gem stones which match the seven chakras, which help maintain a harmonious inner balance.

Stock #	Type	SRP
CK104	Bracelet	\$3.95
CK103	Necklace	\$10.95